

VIRGIN ACTIVE AUSTRALIA

SMALL GROUP PERSONAL TRAINING TERMS



1. Please refer to your *Membership Terms and Conditions* and *Personal Training Agreement* as these terms apply to group training sessions.
2. Before starting any new diet or fitness regime it is important that you consult with your doctor. Your Personal Trainer is not qualified to provide medical advice and any general recommendations made during your sessions should not replace medical advice. Any information provided during the group training sessions is to be used at your own risk based on your own judgment. You assume full responsibility and liability for your own actions, including your individual results and any specific dietary or injury requirements that you have.
3. If you freeze your membership or you are no longer a current member of Virgin Active at any point during the program you will not be able to continue with group training and will forfeit any sessions remaining.
4. If for any reason you cannot make it to a session, the session will be forfeited and no refunds will be given, unless agreed with your personal trainer.
5. Payment for group training sessions must be made in advance of any training sessions taking place.
6. If, for any reason, we need to cancel your group training session within 24 hours, we will schedule a make-up session for free.
7. If you are unable to continue your scheduled group training sessions due to medical reasons, a refund may be available for the remaining sessions. You will need to submit a letter from your doctor clearly stating exercise restrictions prior to a refund being considered. Refunds are not provided under any other circumstances. You cannot transfer your sessions to another person.
8. Should you experience any pain, discomfort, or injury, during any of your sessions, please inform your group trainer immediately.
9. Prior to, or during, the course of your training, health concerns may arise that may require further input from your doctor, physiotherapist or other allied health professional. Your trainer may request your assistance in obtaining that information. Please be aware that your trainer cannot diagnose and/or prescribe treatment for any form of injury, disease, or other medical problem.
10. Group training programs will not commence until there are at least 4 people signed up to the relevant program.
11. Members registering for a partial program will be required to commit to the remaining length of the program.